SAULT AREA HIGH SCHOOL

AND

CAREER CENTER

**Tuesday, October 7, 2014**

**PLEDGE**

Quiz Bowl: There will be a Quiz Bowl practice after school today in Mr. Pioszak’s room.

Pictures: Pictures have arrived and will be handed out in the cafeteria today during all three lunches. Don’t forget to stop by the table and pick them up!! If you missed picture day, retakes will be taken on October 22nd. If you did not get your student ID you can get it when you get your pictures.

Hockey: There will be a meeting in the cafeteria at 3 pm on Wednesday October 8th for anyone interest in playing Sault High hockey. The meeting should last about 15 minutes.

Sophomore Class Meeting: There will be a sophomore class meeting on October 20th during 2nd hour in the Strahl Theater. Students will report to their 2nd hour for attendance and will be dismissed via the PA. On October 28th ring orders will be taken during all 3 lunches and again from 3 – 5 in the lobby.

Influenza vaccine: Commonly referred to as "***the flu shot",*** is now available at Sault Health Adolescent Care Center.  Students must have parent consent and insurance will be billed.  There is a $10 fee if not covered by insurance ***but no student is denied services due to inability to pay.***  The flu vaccine is also available to SAHS teachers and staff--bring your insurance information.  Please call for an appointment.

Lunch: French Toast, Strawberry Yogurt, Whole Grain Pizza, Meatball Sub, Specialty Salad with Roll

Sides: Hashbrown Starz, Applesauce, Honey Grahams